

3 Steps For Keeping Hope Alive



GOD TV



WELCOME TO **3 STEPS FOR KEEPING HOPE ALIVE**

If you are reading this right now, you're probably wondering how to find more hope, and that's exactly why we've created this free guide! We know that life isn't always easy - especially lately with all that's going on in the world.

For that reason, we decided to make this guide super simple and extra easy...it's just three steps! Our prayer is that you would find the hope you're looking for and live the abundant life God promised.

Blessings,
The GOD TV Team

GOD TV cares about YOU!

3 STEPS TO KEEPING HOPE ALIVE



Choosing Hope

The dictionary defines hope as something that is expected with confidence, to desire with expectation of obtainment, and to cherish a desire with anticipation (Merriam-Webster.com). As believers we are invited to put our hope in God and He is the God of ALL hope (Romans 15:13). When we put our hope in Him we can trust that He will come through...BUT if we're honest it isn't always that easy. Keep reading my friend! We've got you ☐

01



**REMEMBER WHAT
GOD HAS DONE**

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STEP 1

REMEMBER WHAT GOD HAS DONE

It's really easy to look at your life and list off all the things that haven't happened yet. When we focus on what isn't happening it's really easy to lose hope.

Proverbs 13:12 says, "Hope deferred makes the heart sick, but a longing fulfilled is a tree of life." This is the first simple step. If you will rehearse the "longings fulfilled" in your life it's really easy to keep hope alive. It time to ask yourself, "What has God done for me and what can I thank Him for right now?"



**Now hope does not
disappoint, because the love
of God has been poured out in
our hearts by the Holy Spirit**

Romans 5:5

02



**FOCUS ON WHAT
GOD IS DOING**

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STEP 2

FOCUS ON WHAT GOD IS DOING

Is the glass half empty or half full? The answer is "yes"...it just depends on where your focus is.

In Philippians 4:8, Paul commands us to think about whatever is true, noble, right, pure, lovely, admirable, excellent and praiseworthy. When we heed this command it becomes easy to see what God is doing and that He is for us. This is the second simple step to keeping hope alive in your life. It's time to ask yourself, "Where is my focus?"



#WORDOFGOD

**I PRAY THAT THE
EYES OF YOUR
HEART MAY BE
ENLIGHTENED IN
ORDER THAT YOU
MAY KNOW THE
HOPE TO WHICH
HE HAS CALLED
YOU, THE RICHES
OF HIS GLORIOUS
INHERITANCE IN
HIS HOLY PEOPLE**

Ephesians 1:18

03



MEDITATE ON THE TRUTH

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STEP 3

MEDITATE ON THE TRUTH

We are promised that if when we know the Truth it will set us free (John 8:32). In other words, we get free by simply knowing the Truth, God's Truth. If you are struggling to keep hope alive this is one of the BEST things you could ever do...find out what God says about your situation or circumstance in the Word of God and meditate on it. He will not fail you. He will not let you

down. It is also important to remember that the Word of God is more than a book. It's more than just information. It's alive! It's LIVING and BREATHING. The Word of God can breath LIFE into any situation or circumstance. This is the third step to keeping hope alive. It's time to ask yourself, "What does the Word say about this area of my life?"



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You are a part of helping us preach the gospel to the nations and see lives changed forever. Thank you for linking arms with us *to fulfill the call God has on your life.* **We couldn't do all of this without you!**

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